

The SILAS Program at Hillcrest's Peggy V. Helmerich Women's Health Center is a palliative care program for families who are expecting a child diagnosed with a life-limiting condition.

Perinatal (which means around the time of birth) palliative care provides compassionate medical support to improve comfort and quality of life for terminally ill newborns. This time allows the family to embrace every moment of life together.

The Helmerich Women's Health Center at Hillcrest is honored to offer Oklahoma's only hospital-based perinatal palliative care program.

The SILAS Program is provided at no additional expense. In addition to personalized inpatient care, the program offers:

- Private childbirth classes.
- Dedicated room.
- Assistance choosing a photographer.
- Assistance selecting support services after discharge.
- A SILAS Liaison to provide support before, during and after delivery.

To learn more:
SILAS@Hillcrest.com
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The SILAS Program @ HILLCREST

The SILAS Program at Hillcrest

Strongly Impacting Lives Against Suffering

No one can ever be prepared to learn their unborn child has been diagnosed with a life-limiting condition. This news is devastating and leads to the agonizing decision about what to do next.

Located at the Peggy V. Helmerich Women's Health Center at Hillcrest, the SILAS Program provides perinatal palliative care services to ensure every moment of your child's life is lived in comfort and surrounded by love.

Our experienced team is here to provide guidance, support and compassion as you prepare to welcome your precious newborn into the world.

What to expect after diagnosis.

Upon referral from your obstetrician or pregnancy care provider, a SILAS Program Liaison will contact you to schedule a consultation.

Meet to talk and learn more.

During a personal consultation, you and your partner or support person, will meet with a neonatologist and your SILAS Program Liaison.

The neonatologist, which is a physician who specializes in the care of newborns facing complex or high-risk conditions, will provide additional information on your baby's diagnosis to help you fully understand the health of your child and what to expect after birth.

Your SILAS Liaison will be available to discuss your options and the birth planning process. At the end of the meeting, you will receive a SILAS Patient Packet that will include a personalized birth plan to complete at home.

Develop a personalized care plan.

After the consultation, we encourage you and your support person to take some time at home to reflect on your options and complete your birth plan, which is a written document that outlines your expectations.

When you are ready, please contact your SILAS Liaison to schedule a time to meet your care team.

Meet with your care team.

After reviewing your birth plan, your SILAS Liaison and the neonatologist will introduce you to the members of your care team.

Your care team is developed by the wishes you have included in your birth plan and may include representatives from labor & delivery, postpartum, neonatal intensive care, pastoral care, admissions and pharmacy.

During this meeting, we will discuss your birth plan to ensure our team has a clear understanding of your expectations.

Stay in touch.

Your liaison will keep in touch with you throughout your pregnancy to see if you have any questions or concerns. You are always welcome to contact your liaison if you have questions or would like to make a change to your birth plan.

When you arrive to deliver, your health care team will be fully versed on your birth plan. During your stay with us, our priority is to provide comfort to your newborn and respect your wishes.