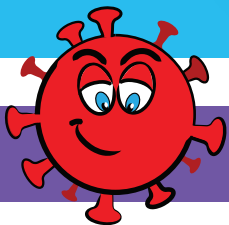




**Wash
your
hands**

**Stop the
flu &
coronavirus,
too!**

**Use soap and
warm water and
wash long enough
to sing
“Happy Birthday”
twice.**



Wear a mask. Stay home when you're feeling sick!

For more helpful tips:
visit Hillcrest.com or Tulsa-Health.org

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