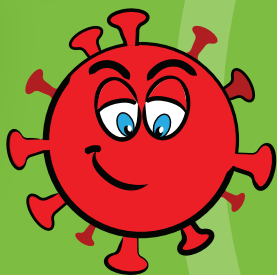


# Stop the flu & coronavirus, too!



Don't  
Bug  
Me!

**Wash  
your  
hands!**

wet & soap  
wash 20 seconds  
rinse & dry  
turn off water  
with paper  
towel.



**cover  
it up!**

wear a mask  
cover your cough  
cover your sneeze



**gimme  
space!**

◀ 6' between you & others. ▶

slow down • step back • no big groups



**Wear a mask. Stay home when you're feeling sick!**

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**THD**  
TULSA HEALTH  
Department

For more helpful tips:  
visit [Hillcrest.com](http://Hillcrest.com) or [Tulsa-Health.org](http://Tulsa-Health.org)



Don't  
Bug  
Me!