







Hillcrest and the Tulsa Health Department are kicking off the 13th year of their Don't Bug Me flu prevention campaign.

This comprehensive public awareness campaign is designed to heighten awareness regarding simple steps that can prevent the spread of the flu.

Hillcrest and the Tulsa Health Department are hosting a Don't Bug Me poster contest. Posters should feature the bug doing things to prevent the spread of the flu!

Elementary students in the Tulsa area are eligible to participate. Winners will be selected in TWO categories, 1st-3rd grade and 4th-5th grade; each will receive a tablet.



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For more helpful tips, visit www.Hillcrest.com or www.Tulsa-Health.org

The Rules

- Tulsa area elementary students from 1st 5th grade are eligible to enter.
- Drawings for the contest should be done on the reverse side of this 11x14" poster that has been provided to each school by Hillcrest and the Tulsa Health Department
- Every Tulsa area elementary school can submit one poster for grades 1-3 and one for 4-5. The maximum number of posters a school can submit is two to be entered in the county-wide competition.
- Each school will select one winner from each grade. The winner from each grade will receive a Don't Bug Me antenna hat.
- Posters will not be accepted after 5pm on Friday, March 24, 2017. Posters can be rolled and mailed in a cylinder poster tube or dropped off at the Hillcrest Communications Department at the address below. If mailed to Hillcrest, the posters should be received by Friday, March 24, 2017.

Communications Department Hillcrest HealthCare System 110 West 7th Street, Suite 2510 Tulsa, OK 74119

- If any further materials are needed, please contact the Tulsa Health Department at (918) 595-4402 or the Hillcrest Communications Department at (918) 579-7974.
- Once submitted, posters become the property of Hillcrest HealthCare System and the Tulsa Health Department, and will not be returned.
- Of all the entries submitted, one winner will be selected in each category, 1st-3rd & 4th-5th grade.
- Tulsa area media personalities will judge the poster contest.
- Don't Bug Me flu bug "Louie Achooee" is the mascot for this campaign. Louie helps to
 creatively distribute the important message of the campaign to students, employers
 and the community. Through a student's artistic originality and the use of crayons,
 markers or bright colored paints, the winning posters of this contest will portray Louie
 demonstrating a specific way in which to avoid the spread of the flu this season, guided
 by the tips, reminders and visual representation mentioned throughout the course of
 the campaign.
- Additional notes: no computer-aided entries; each poster must be the student's original concept; no 3-D images.

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Student's First and Last Name	
Age School Name	
School Address	
School Phone Number	Grade
Classroom	
Homeroom Teacher	
School District	